



PLYMOUTH
CITY COUNCIL

FROM SCHOOL TO ADULTHOOD



To read with your parents or carers

FROM YOUNG PERSON TO ADULT

When you turn 18 you are legally an adult. That means you will no longer need help from children services. Instead you will need adult services.

This leaflet explains how we all work together to plan for that change – we call this Transitions.

WHAT DOES TRANSITIONS MEAN?

Transition means change. We use this word when we talk about the journey from school to adulthood and how we plan the change to your services.

We must draw up a plan for every young person with a Statement of Special Educational Needs. If you are receiving services from the Children's Integrated Disability Service or Children Social Care services, these workers will be involved so that the support you need can be transferred to adult services.

HOW DO WE PLAN?

We start planning with you in year 9. We call this your year 9 review. This is so you can begin thinking about what you want to do when you leave school. There are lots of different options to think about when you make decisions about your future, such as;

- Further education
- Employment
- Housing
- Health and wellbeing
- Relationships
- Getting around and being part of the community

In your year 9 review, we'll talk about different options and help you start drawing up your plan.

You will be asked about your likes, dislikes, favourite things, strengths, talents and hopes for the future.

To help you draw up your plan, your parents and/or carers and some people from education and health and social care will be there to support you.

Below is an example of some people who may be involved in your plan;

- You
- Your parents or carers
- Your teachers
- A social worker (if you have one)
- Careers South West
- Health professionals



Year 9

You will be asked to think about your hopes for the future.



Year 10

You will be involved in a review of your education, career and social care plan.



Year 11

Your Transition Review

takes place, when your transition plan is agreed. Actions for individual workers (attended by childcare worker, adult worker and Careers South West).



Year 12

Your Annual Review update on progress. Spot gaps and plan the action needed to sort. A worker from Adult Social Care will explain what is called a 'personal budget' and give you an idea of how much yours will be.



Year 13

Your transition plan is finalised and support plan, including personal budget is agreed.



Age 18

Transfer to adult services on your 18th birthday.

CONTACT

Childrens Integrated Disability Service
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For more information about transitions visit
www.plymouth.gov.uk/transition

The online directory for services in Plymouth
www.plymouthonlinedirectory.com

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**This information is available in other languages
and formats, please call: 01752 668000**