



**PLYMOUTH**  
CITY COUNCIL

# FROM SCHOOL TO ADULTHOOD



**Booklet**



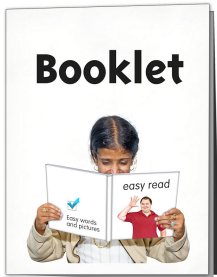
To read with your parents or carers



## Transition is the change from Children's Services to Adult Services.



This change happens when you are 18 years old and legally become an adult.



This booklet explains how Children and Adult Services work together to plan for that change.



We start planning with you in **Year 9**. We call this your Year 9 Review.



At your **Year 9 Review** we will:

- talk about the different options you have when you leave school
- help you start to make your plan



We might ask you about:

- things you are good at
- what you like and don't like
- your favourite things
- hopes for the future



To help you make your plan we will invite everyone involved in planning your future to your Year 9 Review meeting.



Some of the people that could be involved in writing your plan are:

- You
- Your parents or carers
- Your teachers
- A social worker (if you have one)
- Careers South West
- People from Health and Social Care



When you are in **Year 10** we will talk to you about:

- how you are doing at school
- what job you would like to do when you leave school
- your Social Care plan



In **Year 11** you will have a Transition Review meeting. This is when your Transition plan is agreed.



In **Year 12** you will have an Annual Review meeting we will talk about:

- what has happened so far
- what we still need to do
- plan for things we may have missed



At your Annual Review meeting someone from Adult Social Care will talk to you about a Personal Budget.

A Personal Budget is money you can use for your care and support needs.



In **Year 13** your Transition and Support plans and Personal Budget are agreed

**On your 18th birthday you will transfer to Adult Services**  
**For more information visit [www.plymouth.gov.uk/transition](http://www.plymouth.gov.uk/transition)**

## CONTACT



Childrens Integrated Disability Service  
Plymouth City Council  
Plymouth PL1 2AA



01752 307264



[spoc@plymouth.gov.uk](mailto:spoc@plymouth.gov.uk)



[www.plymouthonlinedirectory.com](http://www.plymouthonlinedirectory.com)

