



Morice Town Family Hub



MONDAY

BUSY BEES
10.00 – 11.30

A fun and varied parent and child group for the under 5's with creative play activities to encourage your child's imagination

HEALTHY START VITAMINS

Bring your proof of entitlement to either of our Hubs where we can provide You with FREE Healthy Start vitamins

TUESDAY

SOLIHULL ANTENATAL
10.00 – 12.00

A 5-week journey to parenthood offering support and information on pregnancy, labour and caring for your baby. Book on directly with Eventbrite or contact Morice Family Hub

BUTTERFLIES
2.00 – 3.00

A safe environment to meet other parents while your child enjoys new play experiences. Suitable for walking children under 5

WEDNESDAY

BUTTERFLIES
10.30 – 11.30

A safe environment to meet other parents while your child enjoys new play experiences. Suitable for walking children under 5

PARENTING COURSES/TRAINING

Various free courses running throughout the year, please see our Course/training programme for more details.
BOOKING ESSENTIAL

THURSDAY

CATERPILLARS
10.00 – 11.00

BOOKING ESSENTIAL
A happy group for babies and young children 0 to pre walker/not yet walking confidently with nursery rhymes and activities to help develop your baby's senses

CHATTERBOX
1.30 – 3.00

Stay and Play drop-in session with themed health topics. Health visitors on hand to assist with baby weighing, advice on feeding, diet, potty training, behaviour and parenting. Breastfeeding support

FRIDAY

LADYBIRDS
10.00 – 11.30

A fun and varied parent and toddler group for the under 5's with creative crafts and play activities to encourage your child's imagination.

ME2 FUNDING

If you have a two-year-old child, you may be entitled to up to 15 hours a week FREE childcare. Staff at both of our Hubs can support you with your application

Charlotte Street Morice Town Plymouth PL2 1RJ 01752 208660 admin-mt@larkcluster.co.uk



Lark Emerging Family Hub



MONDAY

PARENTING COURSES/TRAINING

Various free courses running throughout the year. Please see our course/training programme for more details.

BOOKING ESSENTIAL

All groups and training are currently running from **St James the Less Church, Ham Drive PL2 2NJ** except for Chatterbox which runs from **The Beacon, Lark Hill PL2 2LL**

TUESDAY

STEP BY STEP

9.30 – 10.30

A parent and child group aimed at children aged 0-5 with additional needs. At St James Less Church, Ham Drive PL2 2NJ

CHATTERBOX

1.30 – 3.00

Stay and Play drop-in session with themed health topics. Health visitors on hand to assist with baby weighing, advice on feeding, diet, potty training, behaviour and parenting. Breastfeeding support

WEDNESDAY

SOLIHULL ANTENATAL

1.30 – 3.00

A 5-week journey to parenthood offering support and information on pregnancy, labour and caring for your baby. Book on directly with Eventbrite or contact Lark emerging Family Hub

Follow our Hubs on Facebook



THURSDAY

WELCOME TO THE WORLD

1.00 – 2.00

A group for babies aged from birth that will encourage your baby to explore and communicate confidently

FAMILY SUPPORT

We have Outreach Workers who can help with a variety of needs, please contact our Hubs if you need assistance

FRIDAY

LITTLE SQUIRRELS

10.00 – 11.00

A session for children aged from birth to 5 to explore and communicate through messy play and craft activities

SATURDAY

DADS GROUP MONTHLY SESSION

10.00 – 12.00

For Dads and male carers, a chance to meet other men and enjoy varied play activities with your children, plus snacks and a cuppa

The Beacon Lark Hill North Prospect Plymouth PL2 2LL 01752 313293 admin@larkcluster.co.uk