

SOLIHULL

ANTENATAL CLASSES

AT GREEN ARK EMERGING FAMILY
HUB AND MANOR STREET CHILDREN'S CENTRE

HUD AND MANUK SIKEEI CHILDREN

The Solihull Antenatal group is a 4 week programme for expectant parents and their families, providing parents-to-be with lots of information about pregnancy, labour and caring for their baby.

This course is recommended for mothers who are between 24-38 weeks pregnant and their partner/supporter.

Topics and talking points include:

TALKING TO YOUR BUMP

EXPLORING YOUR
FEELINGS
DURING
PREGNANCY

HEALTH AND WELLBEING DURING PREGNANCY

YOUR RELATIONSHIPS
AND SUPPORT
NETWORKS



A SUN FAM,

COURSE
STARTING
13TH JUNE
AT MANOR STREET
CHILDREN'S
CENTRE

TO BOOK A PLACE OR FOR MORE INFORMATION CONTACT US

07855184758

MANOR STREET AND GREEN
ARK CHILDREN'S
CENTRES/EMERGING FAMILY
HUBS

SOLIHULL APPROACH

Action for Children, whose registered address is at 3 The Boulevard, Ascot Road, Watford WD18 8AG and registered as a charitable company limited by guarantee in England & Wales under number 4764232.

Registered charity numbers 1097940/SC038092.