### SUPPORT FOR FAMILIES

This could include support and awareness raising on issues such as:

- Schools and education
- Offending and anti-social behavior
- Housing
- Supporting adults into work and learning
- Advice about money
- Parenting skills
- Special Educational Needs
- Domestic abuse (physical, emotional, financial, sexual)
- Alcohol and drug misuse
- Parental conflict
- Mental health and general wellbeing
- Coordinating other services and referrals and those professionals already working with families

#### CONFIDENTIALITY

As a professional working with families you will need to ensure you respect confidentiality at all times.

However there will be times you need to share their information with other services and you will need to ask for their permission to do this, for example:

- when there are concerns that a child/young person is at risk of, or is suffering abuse or neglect
- when an adult is at risk of harm
- to help prevent or detect a serious crime

### **EHAT PORTAL**

All Early Help Assessments should be completed via the on-line Professional Portal located on Plymouth On Line Directory (POD)

To register please go to Early help Assessment Tool Page using a work based e-mail address .

The Portal can be used to complete all aspects of the Early Help Assessment Tool (EHAT).

This includes the holistic Early Help Assessment, Outcomes Based Plan, Review and closure forms.

### For further advice and information call

Plymouth Children's Gateway
Call 01752 668000
Email gateway@plymouth.gov.uk



# **EARLY HELP ASSESSMENT**

# A guide for professionals



Supporting families to make positive change

# WHAT IS AN EARLY **HELP ASSESSMENT?**

The Early Help Assessment is a voluntary process for families to share information with a range of local services to help them plan together and get the right support.

Professionals across the city will work together to ensure families:

- Get the right support at the right time
- Only have to tell their story once
- Are listened to and given appropriate advice
- Can learn about opportunities available to families

## WHAT DO WEWANT **FROM YOU AS A** PROFESSIONAL?

- Professional commitment to support families to make positive change
- Create a clear plan with families and update them on progress regularly through meetings and information
- Be accountable, open, honest and transparent
- Manage expectations about what support you can give

### WHAT DO WE WANT **FAMILIES TO DO?**

- To be honest and share information and concerns so we can give them the right support
- To attend multi-agency meetings, family meetings and services as needed
- Commitment to achieving the outcomes as agreed with you in your family plan
- Work together with professionals to achieve positive ways forward
- Consent to the sharing of your information with other services to enable your lead professional to access services that can

